

Career Cruising

You are encouraged to go through at least the following steps:

Step 1: Develop a Personal Plan

The **My Plan** tool can be used throughout the career exploration and planning process. When using any component of Career Cruising or participating in any other career development activities, you can save your work and document your activities in your Plan. Developing a Plan allows you to continually build on your previous career exploration work. Also, you will be creating a document that can be used to present yourself to prospective employers, post-secondary school admissions staff, and others.

Step 2: Self-Assessment

Start off with the **Matchmaker assessment**. Matchmaker helps you discover your work interests and provides you with a list of suggested careers.

Step 3: Explore Careers

Click on one of the suggested careers to go to its summary page where you will find key information about the career, including core tasks, earnings, and education and training requirements. If the career interests you, explore each section of the occupation profile in depth and view multimedia interviews with real people in the occupation.

Step 4: Plan Education and Training

The **Explore Education** section provides information on where to get the required education and training. For instance, if you are interested in becoming a graphic designer, you can use the Search for Programs feature to find colleges offering programs in graphic design. You can also go directly to those school profiles by using the Related College Programs links in the Education section of the graphic designer occupation profile.

Get Started Now at <http://www.careercruising.com/login/PCI>