

Activity 3: Using Career Matchmaker

FOR THE TEACHER

Introduction

The purpose of this activity is to show students how to use Career Matchmaker, a career interest inventory. In particular, students will learn how Career Matchmaker provides individualized feedback on their career choices.

Setting the Stage

Classroom discussion can focus on how career assessments should be seen as tools for finding suitable careers, rather than as “tests” that supply the final word on students’ futures. Students should be encouraged to answer the second round of Career Matchmaker questions for the best results. Students should also be encouraged to answer the questions based on what they enjoy doing rather than what they are good at.

Starting the Program

Go to www.careercruising.com. Enter your personal My Plan username and password in the spaces provided, and click on **Log In**.

Worksheet 3: Using Career Matchmaker

Log in to Career Cruising and click on **Assessments**, and then click on the **Start Matchmaker** button. Read the instructions on the Introduction page, label your Matchmaker session, and then click **Start Now**.

Answer the questions. (Do your best! The more thought you put into these answers, the better your results will be.) After you answer the first 39 questions, you will come to the Career Suggestions page which lists the careers that are suitable for you based on your responses to the questions.

We strongly suggest that you answer the second round of questions as well. Click on the **Answer More Questions** button in the **Improve My Results** section on the left side of the Career Suggestions page. Answer as many additional questions as you can, and then click the blue **View My Career Suggestions** button to see your updated list of career suggestions.

Click on one of the suggested careers. (Those near the top are your best matches!)

Career: _____

1. Read the Suitable For You? information that appears for the career you have chosen. Answer the following questions:

What are the Central Aspects of this career?

What are the Central and Secondary Aspects to which you answered Like or Like Very Much?

Did you answer Dislike or Dislike Very Much to any of the aspects? Which ones?

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Click on the **Back To Matchmaker** button to return to your list of suggested careers. Select another career.

Career: _____

2. Read the Suitable For You? information that appears for this career.

Write down the Central and Secondary Aspects to which you answered Like or Like Very Much.

3. Click on Job Description and Working Conditions.

In the Job Description and Working Conditions sections, try to find a job task or working condition that relates to two of the aspects you wrote down above.

Example:

Career: Website Designer
Aspect: Having your own ideas about designs and styles
Examples: Designing computer websites
Deciding on colors, patterns, layout, and graphics

For Your Career:

Aspect: _____

Examples: _____

Aspect: _____

Examples: _____

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Click on one of the two interviews.

Person's name: _____

4. Click on A Day In The Life and Breakdown Of Activities.

See if you can find other examples of aspects you have chosen in this person's workday activities.

Aspect: _____

Examples: _____

Aspect: _____

Examples: _____
